



# WRITING A VISION FOR YOUR LIFE

There are twelve (12) areas where one must have a vision and establish goals. Be as specific as possible!

# 1. Personal Identity

What are your likes and dislikes? What are your strengths and weaknesses? What do you want to own? What do you want to accomplish? Describe your dream house Describe your dream car

# 2. Companionship (Marriage)

What type of person do you want to grow old with? What is your love language? What is your communication style/preference? Describe your ideal "Date Night"

## 3. Family (Immediate and Extended Family)

What are your favorite family traditions? Describe your family values Describe your family's heritage What is your family's legacy?

## 4. Personal Growth

What are your educational goals? How do you plan to enrich your life? What books would you like to have read and/or add to your library? What types of seminars would you find beneficial?

#### 5. Career

Robert Schuller once posed the question, "What would you attempt to do if you knew you would never fail?" And as famously stated by Nike, "Just Do It!" Describe what you would do

One way to begin to write your vision is to first use a Vision Board

A vision board is a simple yet powerful visualization tool that activates the universal law of attraction to begin manifesting your dreams into reality. The concept of the vision board (also known as a goal board or goal map) has been around for generations...

#### 6. Networks

Describe your ideal:

- Friendships
- Professional Networks
- Alliances
- Partnerships

#### 7. Friends and Colleagues

What kind of close relationships do you need to develop? Do you have a master-mind group? What does your support system look like? List and describe your ideal mentors

#### 8. Recreation and Renewal

How do you have fun? Describe your dream vacation

#### 9. Spiritual Growth

What steps will you take in order to live more authentically? How are you giving back? Do you set aside one day each week to focus on your spiritual growth and development? Have you scheduled uplifting and spiritually enriching moments into your daily routine?

## **10. Financial Stability**

What are your immediate financial needs and goals? Do you have a workable budget? Does it need to be revised? Describe your retirement plan Describe your saving and investment plan

## **11. Health and Fitness**

Do you have an exercise program? Do you have a nutritional plan? Do you get sufficient rest?

## **12. Personal Legacy**

How do you want to be remembered? What kind of inheritance do you want to leave your children? How will the world know you were here? (What is the footprint you want to leave behind?)